



Getting Started with Video Coaching

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Video coaching is no longer a professional development buzzword or novelty, in part because of the accessibility of devices in today's world makes it a convenient choice for educators looking to improve their practice. Today all it takes is a smartphone with a high-quality camera to get started.

In South Dakota, a [state-wide mentorship network](#) is taking shape, which pairs experienced teachers with those in their first year. Using the network, veteran teachers like Crystal McMachen serve as virtual mentors to those like newcomer Stacy Cope, who works in a school with only two other math teachers. Their collaborative learning is powered by the video evidence of their own classrooms.

During an instructional coaching cycle, teachers can use any device to easily record, upload and share videos of their classroom practices with their peers or coaches. Teachers can self-reflect on these videos, receive feedback on their instructional practices, engage in dialogue with colleagues, set goals for improvement and more.

Source: <https://www.edsurge.com/news/2017-12-03-asked-and-answered-6-common-questions-about-getting-started-with-video-coaching>