Quiz 3: Fill in the Blank

**Instructions:** Fill in the blanks with the correct vocabulary word.

1. The \_\_\_\_\_\_\_\_ holds urine and is located in the lower abdomen.
2. A \_\_\_\_\_\_\_\_ disc can cause severe back pain and numbness.
3. The pain was \_\_\_\_\_\_\_\_ to one area, making it easier to treat.
4. He felt \_\_\_\_\_\_\_\_ in his fingers after sitting in one position for too long.
5. The pain was \_\_\_\_\_\_\_\_, lasting for several weeks without relief.
6. Pain that \_\_\_\_\_\_\_\_ from the lower back to the legs can indicate a nerve issue.
7. The injury was \_\_\_\_\_\_\_\_, caused by his own actions during a workout.
8. She experienced a \_\_\_\_\_\_\_\_ pain in her side, which required immediate attention.
9. A muscle \_\_\_\_\_\_\_\_ can cause a sudden, involuntary contraction.
10. Lifting heavy objects can be very \_\_\_\_\_\_\_\_ and should be done carefully.

**Answer Key:**

1. Bladder
2. Herniated
3. Localized
4. Numbness
5. Persistent
6. Radiate
7. Self-inflicted
8. Sharp
9. Spasm
10. Strenuous