### **Quiz 1: Matching**

### **Instructions:** Match the vocabulary word on the left with the correct definition on the right.

1. Bladder \_\_\_\_ a. A sudden, intense pain
2. Herniated Disc \_\_\_ b. Spreading out in all directions from a central point
3. Localized \_\_\_ c. A condition where a spinal disc moves out of place
4. Numbness \_\_\_ d. Loss of sensation
5. Persistent \_\_\_ e. The organ that holds urine
6. Radiate \_\_\_ f. Continuing for a long period of time
7. Self-inflicted \_\_\_ g. Restricted to one are
8. Sharp pain \_\_\_ h. A physical or mental feature that indicates a condition of disease
9. Spasm \_\_\_ i. Caused by oneself
10. Strenuous\_\_\_ j. Sudden, involuntary muscle contraction
11. Stiffness \_\_\_ k. A slight prickling or stinging sensation
12. Strain \_\_\_ l. Injury to a muscle or tendon caused by overstretching
13. Symptom \_\_\_ m. Requiring or using great exertion
14. Tingling \_\_\_ n. The state of being stiff or rigid

## Answer Key

**Answer Key:**

1. e
2. c
3. g
4. d
5. f
6. b
7. i
8. a
9. j
10. m
11. n
12. l
13. h
14. k

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