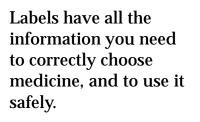
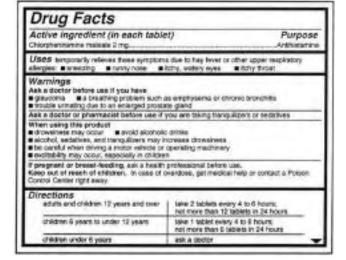
## **OTC Medicine Labels**



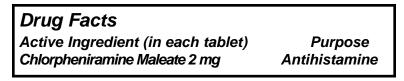
Medicine that you can buy without a prescription is called over-the-counter, or OTC medicine.



This is an example of an OTC medicine label. It has important "Drug Facts".



The "Active Ingredient" is the scientific name of the medicine. This also shows the amount. Each tablet has 2 milligrams of the active ingredient.



"Uses" tell the symptoms or problems the medicine will treat. This relieves symptoms of allergies, such as sneezing and a runny nose.

Uses temporarily relieves these symptoms due to allergies n sneezing n runny nose

"Warnings" tell who should **not** use this medicine. If you have glaucoma or emphysema you should ask your doctor before using this.

Warnings		
Ask a doctor before use is you have		
n <b>glaucoma</b>	n	a breathing problem such as
emphysema		

"Warnings" tell what you should and should not do when you take this medicine. If you take this medicine, you should be careful when driving a motor vehicle.

> Warnings When using this product n be careful when driving a motor vehicle or operating machinery n drowsiness may occur

"Warnings" also list possible side effects. This medicine may cause drowsiness.

"Directions" explain how to use this medicine. Adults and children over 12 years old can take 2 tablets every 4 to 6 hours. Children between 6 and 12 should only take 1 tablet. Ask a doctor before you give this to a child under 6 years old.

Directions	
Adults and children 12 and over	take 2 tablets every 4 to 6 hours not more than 12 tablets in 24 hours
Children 6 years to under 12 years	take 1 tablets every 4 to 6 hours not more than 6 tablets in 24 hours
Children under 6 years	ask a doctor

Never take more medicine than the directions recommend.

Many medicines are sold in containers with child safety closures. Medicine can be poisonous to children. Remember to keep all medicine out of the sight and reach of children.



The best way to take good care of yourself when using any medicine is to read the label. If there is anything that you don't understand, ask the pharmacist.

For more information about prescription medicine labels see Prescription Labels.

For more information about warning labels see Warning Labels.

For more information about the side effects of medicine see **Side Effects**.

## OTC Medicine - Quiz 3 LaRue Medical Literacy Exercises

et) Purpose		
Antihistamine		
symptoms due to allergies		
runny nose		
Ask a doctor before use is you have		
a breathing problem such		
as emphysema		
When using this product		
drowsiness may occur		
tor vehicle or operating		
machinery		
take 2 tablets every 4 to 6 hours		
not more than 12 tablets in 24 hours		
take 1 tablet every 4 to 6 hours		
not more than 6 tablets in 24 hour		
ask a doctor		

1. What symptom does this relieve?	C. someone with a runny nose
	D. someone with glaucoma
A. antihistamine	
B. glaucoma	4. What is a side effect of this medicine?
C. sneezing	
D. drowsiness	A. sneezing
	B. glaucoma
2. How much medicine should an adult take?	C. allergies
	D. drowsiness
A. one tablet	
B. two tablets	5. How much medicine should a 9-year-old
C. ask a doctor	take in one day?
D. not more than 6 tablets	
	A. not more than 12 tablets
3. Who should ask a doctor before using this	B. not more than 6 tablets
medicine?	C. ask a doctor
	D. 1 tablet
A. someone with allergies	
B. someone with drowsiness	

Drug Facts		
Active Ingredient (in each tablet) Purpose		
Pseudoephedrine HCL 30 mg	Nasal Decongestant	
Uses temporarily relieves nasal congestion due to <ul> <li>common cold</li> <li>respiratory allergies</li> </ul>		
Warnings Ask a doctor before use is you have high blood pressure thyroid disease diabetes		
<ul> <li>When using this product</li> <li>do not use more than directed</li> <li>Stop use and ask a doctor if you get nervous, dizzy or sleepless</li> </ul>		
Directions		
Adults and children 12 and over	take 2 tablets every 4 to 6 hours not more than 4 doses in 24 hours	
Children 6 years to under 12 years	<i>take 1 tablet every 4 to 6 hours not more than 4 doses in 24 hours</i>	
Children under 6 years	ask a doctor	

9. How much medicine can an adult take in

6. What symptom does this medicine treat?

	24 hours?
A. high blood pressure	
B. nasal congestion	A. 2 tablets
C. nervousness	B. 8 tablets
D. diabetes	C. 4 tablets
	D. ask a doctor
7. How much medicine should a child under	
6 take?	10. What is a side effect of this medicine?
A. two tablets	A. dizziness
A. two tablets B. one tablet	A. dizziness B. respiratory allergies
B. one tablet	B. respiratory allergies

~ • 1

8. Who should ask a doctor before using this?

- A. someone with nasal congestion
- B. someone with allergies
- C. someone with a common cold
- D. someone with thyroid disease

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## OTC Medicine - Quiz 4 LaRue Medical Literacy Exercises

Drug Facts		
Active Ingredient (in each table	et) Purpose	
Loperamide HCL 2 mg	Anti-diarrheal	
Uses temporarily control sympto	ms of diarrhea, including Travelers'	
Diarrhea		
Warnings		
Ask a doctor before use is you have		
■ fever ■ mucus in stool		
a history of liver disease		
Stop use and ask a doctor if		
<ul> <li>symptoms get worse</li> <li>diarrhea lasts more than 3 days</li> </ul>		
Direction		
Adults and children 12 and over	2 caplets after first loose stool	
Children 9-11 years (60-95 lbs)	not more than 4 caplets in 24 hours 1 caplet after first loose stool	
onnaren 3-ri years (00-33 103)	not more than 3 caplets in 24 hours	
Children under 6 years	ask a doctor	

4. How many caplets can a 9-year-old child

	take in a day?
A. fever	
B. diarrhea	A. not more than 4
C. liver disease	B. not more than 2
D. loperamide HCL	C. not more than 3
	D. ask a doctor
2. How many caplets should an adult take?	
	5. When should you stop using this medi-
A. 1 caplet	cine?
B. 4 caplets	
C. 3 days	A. after 24 hours
D. 2 caplets	B. after 3 days
	C. after 4 caplets
3. Who should ask a doctor before using this?	D. after first loose stool
A. someone with a fever	
B. someone with diarrhea	
C. someone with symptoms	

D. someone with loose stool

1. What symptoms does this treat?

Drug Facts		
Active Ingredient (in each table		
Ibuprofen 200 mg	Pain Reliever/fever reducer	
Uses temporarily relieves minor aches and pains due to ■ headache ■ muscular aches ■ backache		
Warnings Ibuprofen may cause a severe allergic reaction which may be hives facial swelling asthma (wheezing) shock		
<ul> <li>When using this product</li> <li>take with food or milk if stomach upset occurs</li> <li>Stop use and ask a doctor if pain gets worse or lasts more than 10 days</li> </ul>		
Directions		
Adults and children 12 and over	<i>Take 1 tablet every 4 to 6 hours Do not exceed 6 tablets in 24 hours</i>	
Children under 12 years	ask a doctor	

6. What symptoms does this medicine treat?

A. stomach upset

B. pain and fever

C. hives

D. asthma

7. What is a side effect of this medicine?

- A. headache
- B. stomach upset
- C. backache
- D. fever

9. When should you stop using this medicine?

10. How many tablets can a adult take in 24 hours?A. 6 tabletsB. 1 tabletC. ask a doctorD. 24 tablets

A. after 24 hours

C. after 12 years

D. after 10 days

B. after 4 to 6 hours

8. How many tablets should a 9-year-old child take?

A. 1 tablet

B. 4 to 6 hours

- C. 6 tablets
- D. ask a doctor

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