# **Adverbs of Frequency**

Put these adverbs of frequency on the line where you think they belong:

Always, occasionally, often, never, rarely, seldom, sometimes, usually

0% --------------------------------------------------------------------------------------------------------100%

What other adverbs of frequency do you know?

## **Rules of placement:**

### **Rule 1: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

I am very busy with work deadlines on Fridays, so that’s when I get fast food for dinner. (always)

He is sleepy in the afternoons, so he stops by Starbuck’s for a coffee. (usually)

### **Rule 2: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

She eats fast food because she is trying to be healthy. (never)

He visits the fast food restaurant down the street for lunch. (often)

### **Rule 3: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

He can be found at the fast food restaurant down the street at lunchtime.(often)

She must eat fast food because she doesn't like the taste. (rarely)

## **Practice: Tell a classmate: Always, Sometimes, Never**

1. How often do you read the warning or caution labels on products you buy or use?

I (always / sometimes / never) ...

1. Do the warning or caution labels affect whether you buy or how you use a certain product?
2. Is all fast food unhealthy? Explain.
3. How often do you read the ingredients list of foods you buy or eat?
4. Does the ingredients list affect whether you buy or how much you eat a certain food?
5. How often do you read the nutrition facts of foods you buy or eat?
6. Do the nutrition facts affect whether you buy or how much you eat a certain food?
7. How often do you think warning labels on cigarettes and alcohol keep people from using these products?
8. Foods high in fat can lead to obesity, which is a major health problem. Some people think a warning label should be included on foods that are high in fat. Would a warning label like that keep you from eating high-fat foods?