|  |  |  |
| --- | --- | --- |
| **Fast Food Restaurant Name** |  |  |
| **Type** |  |  |
| **Serving Size (g)** |  |  |
| **Calories** |  |  |
| **Total Fat (g)** |  |  |
| **Saturated Fat (g)** |  |  |
| **Trans Fat (g)** |  |  |
| **Carbs (g)** |  |  |
| **Sodium (mg)** |  |  |

# Questions to consider:

Which restaurant’s French Fries has the highest calorie/fat/etc?

Go to <https://fastfoodnutrition.org/fast-food-restaurants> and chart out another food. Pick two restaurants that have a similar food.